



Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive

## Access to Psychological Services Ireland

Primary Care Centre  
Golf Links Road  
Roscommon

**Tel: 090 666 5020**

**Email: [martina.hughes@hse.ie](mailto:martina.hughes@hse.ie)**



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<b>REFERRAL FORM</b>			
Please complete all sections of this form			
<b>DETAILS OF PERSON BEING REFERRED</b>			
Name			Date of birth
Address			
Gender			GMS No. (IF APL.)
Phone No. Landline		Mobile	
Does this person have special needs? (e.g., requires wheelchair access)			
<b>REFERRER DETAILS</b>			
Referrer name			
Professional title			
Address of referrer			
Telephone/Mobile No.		Fax no.	
Signature: _____			
Date: ____ / ____ / ____			
<b>GP DETAILS (if different from above)</b>			
Name of GP			
Address of GP			
<b>REASON FOR REFERRAL</b>			
Please describe the mental health difficulties this person is currently experiencing, the severity of these difficulties, and any current or recent stressful life events:			

**RISK ASSESMENT (please ensure completion)**

	Yes	No		Yes	No
Current suicidal ideation	<input type="checkbox"/>	<input type="checkbox"/>	Deliberate self-harm	<input type="checkbox"/>	<input type="checkbox"/>
Active risk of suicide	<input type="checkbox"/>	<input type="checkbox"/>	Risk of violence	<input type="checkbox"/>	<input type="checkbox"/>
Previous psychiatric hospitalisation	<input type="checkbox"/>	<input type="checkbox"/>	Current self-neglect	<input type="checkbox"/>	<input type="checkbox"/>
Psychiatric hospitalisation in last 3/12	<input type="checkbox"/>	<input type="checkbox"/>	Suicide attempt in last 3/12	<input type="checkbox"/>	<input type="checkbox"/>
Previous suicide attempt	<input type="checkbox"/>	<input type="checkbox"/>	If yes, number of attempts:		

**If urgent care is needed in relation to risk, please phone the secondary care mental health service on 090 663 2325 (24 hrs), or refer to the Adult Mental Health service at Roscommon Hospital.**

**MENTAL HEALTH TREATMENT**

Is this person currently receiving treatment from another mental health service or have they been referred to another mental health service? If so, please specify:

Is this person being treated with medication for their mental health difficulties? If so, please specify:

**MEDICAL INFORMATION**

Is this person experiencing any significant medical problem that may impact their treatment with our service? If so, please specify (including medication):

**REQUESTED TREATMENT**

Counselling       Therapist-assisted Psychoeducation       Computerised CBT   
Psychoeducational Group Workshop       Brief CBT

**SERVICE AREA**

Service User lives nearest to:

Athlone     Ballaghaderreen     Boyle     Castlerea     Roscommon     Strokestown